



# WELLNESS RESOURCE DIRECTORY

*A publication of Northwest Connecticut's  
Chamber of Commerce*



**The Bicycle Tour Company**  
**bicycletours.com**  
**1-888-711-KENT**



## **RECREATION**

### **Barkhamsted Recreation Department**

860-379-1314  
Debra Brydon  
PO Box 558  
Pleasant Valley, CT 06063

### **Beckley Furnace**

860-824-5657  
Robert Anderson  
140 Lower Road  
East Canaan, CT 060247  
beckleyfurnace@snet.net

### **The Bicycle Tour Company**

860-927-1742  
Sal R. Lilienthal  
9 Bridge Street, PO Box 381  
Kent, CT 06757  
bicycletours.com  
info@bicycletours.com

### **Boulder Ridge Day Camp**

860-379-6500  
Kevin Ebner  
PO Box 162  
100 Goose Green Road  
Barkhamsted, CT 06063  
boulderday.com  
info@boulderday.com

### **Burr Pond State Park**

860-482-1817  
Rick Miska  
385 Burr Mountain Road  
Torrington, CT 06790

### **Camp LARC**

860-482-9364  
Katherine Marchand-Beyer  
314 Main Street  
Torrington, CT 06790  
litchfieldarc.org  
kyeyer@litchfieldarc.org

### **Camp Washington**

860-567-9623  
190 Kenyon Road  
Lakeside, CT 06758  
campwashington.org

### **Clarke Outdoors**

860-672-6365  
Jennifer Clarke  
163 Route 7  
West Cornwall, CT 06796  
clarkeoutdoors.com

### **Fairview Farm Golf Course**

860-689-1000  
Joanne Grech  
300 Hill Road  
Harwinton, CT 06791  
fairviewfarmgolfcourse.com  
bferrarotti@fairviewfarmgolf  
course.com

### **Flieg & Newbury**

860-489-8540  
75 East Main Street  
Torrington, CT 06790